

Supplement Facts

Servings Per Container: 30

Serving Size: 2 Capsules

Amount Per Serving		% DV
MSM (Methylsulfonylmethane)	560 mg	**
Glycine	120 mg	**
Calcium	51.4 mg	4%
Iron	0.5 mg	3%
Phosphorus	32.7 mg	3%
Magnesium	23.4 mg	6%
Zinc	1.9 mg	17%
Boron	16.4 mcg	**
Selenium	7.9 mcg	14%
Copper	0.3 mg	31%
Manganese	0.4 mg	16%
Chromium	24.3 mcg	69%
Molybdenum	5.6 mcg	12%
Potassium	9.3 mg	<1%
Nickel	1.1 mcg	**
Vanadium	46.5 mcg	**

**Daily Value Not Established

Other Ingredients: Mineral Wax, Ascorbic Acid