## **Supplement Facts**

## Servings Per Container: 60 Serving Size: 1 Capsule

| Amount Per Serving            |          | % DV |
|-------------------------------|----------|------|
| MSM (Methylsulfonylmethane)   | 560 mg   | **   |
| Glycine                       | 120 mg   | **   |
| Calcium (as chelate)          | 51.4 mg  | 4%   |
| Iron (as chelate)             | 0.5 mg   | 3%   |
| Phosphorus (as chelate)       | 32.7 mg  | 3%   |
| Magnesium (as chelate)        | 23.4 mg  | 6%   |
| Zinc (as chelate)             | 1.9 mg   | 17%  |
| Boron (as chelate)            | 16.4 mcg | **   |
| Selenium (as chelate)         | 7.9 mcg  | 14%  |
| Copper (as chelate)           | 0.3 mg   | 31%  |
| Manganese (as chelate)        | 0.4 mg   | 16%  |
| Chromium (as chelate)         | 24.3 mcg | 69%  |
| Molybdenum (as chelate)       | 5.6 mcg  | 12%  |
| Potassium (as chelate)        | 9.3 mg   | <1%  |
| Nickel (as chelate)           | 1.1 mcg  | **   |
| Vanadium (as chelate)         | 46.5 mcg | **   |
| **Daily Value Not Established |          |      |

Other Ingredients: Mineral Wax, Ascorbic Acid