



NON-GMO



GLUTEN FREE



DAIRY FREE



SUGAR FREE

ABOUT

Methylated EMPowerplus™ Advanced is a multivitamin, mineral, and amino acid supplement designed to play a foundational role in your efforts to create a healthy, balanced life. This specially formulated version of our original EMPowerplus™ Advanced Supplement is for those whose bodies cannot methylate B vitamins as most can.

Individuals with the rare MTHFR gene expression will benefit most from this product. If you are unsure if you would benefit from this formula, reach out to your physician.*

INSTRUCTIONS

Actual dosage may vary, but we recommend starting with 2 capsules twice daily.

Consult a physician familiar with EMPowerplus™ prior to use if you are taking psychotropic medication. Pregnant or lactating women and people with serious medical conditions should consult with a physician prior to use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules


Servings per Container: 60


Amount per Serving		%DV
Vitamin A (as retinyl palmitate)	230 mcg	26%
Vitamin C (as ascorbic acid)	80 mg	89%
Vitamin D (as cholecalciferol)	4.8 mcg (192 IU)	24%
Vitamin E (as d-alpha tocopheryl succinate)	32 mg	213%
Thiamin (as thiamin mononitrate)	2.4 mg	200%
Riboflavin	1.8 mg	138%
Niacin (as niacinamide)	12 mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	4.8 mg	282%
Folate (as calcium L-5-MTHF)	326 mcg DFE	82%
Vitamin B12 (as methylcobalamin)	120 mcg	5,000%
Biotin	144 mcg	480%
Pantothenic Acid (as d-calcium pantothenate)	2.8 mg	56%
Choline (as choline bitartrate)	72 mg	13%
Calcium (as chelate)	176 mg	14%
Iron (as chelate)	1.8 mg	10%
Phosphorus (as chelate)	112 mg	9%
Iodine (from Atlantic kelp)	28 mcg	19%
Magnesium (as chelate)	80 mg	19%
Zinc (as chelate)	6.4 mg	58%
Selenium (as chelate)	26 mcg	47%
Copper (as chelate)	0.96 mg	107%
Manganese (as chelate)	1.28 mg	56%
Chromium (as chelate)	84 mcg	240%
Molybdenum (as chelate)	20 mcg	44%
Potassium (as chelate)	32 mg	1%

Proprietary Blend 182 mg **
[DL-Phenylalanine, Vanadium Chelate, Lemon Bioflavonoid Complex 10% (from *Citrus Limon* Fruit), L-Glutamine, Inositol, L-Methionine, Boron Chelate, Grape Seed Extract, Ginkgo Leaf Extract, Germanium Sesquioxide, Nickel Chelate]

**Daily Value (DV) Not Established

Other Ingredients: Gelatin, Glycine, Microcrystalline Cellulose, Citric Acid, Magnesium Stearate, Mineral Wax, Turmeric Root Extract (color), Silicon Dioxide.

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