









## **Supplement Facts**

Serving Size: 2 Tablets Servings per Container: 90

Amount per Serving		%DV
Vitamin C (as ascorbic acid)	160 mg	267%
Vitamin D (as cholecalciferol)	333 IU	83%
Calcium (as chelate)	434 mg	43%
Phosphorus (as chelate)	266 mg	27%
Magnesium (as chelate)	167mg	42%
Zinc (as chelate)	8 mg	53%
Selenium (as chelate)	34 mcg	49%
Copper (as chelate)	1.2 mg	60%
Boron (as chelate)	0.42 mg	**
**Daily Value (DV) not established.		

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Citric Acid, Glycine, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Hydroxypropyl Cellulose, Gum Acacia.

## **ABOUT**

Fortify™ (formerly known as BMD Advanced) is a bone mineral developer product that can help reduce the risk of developing osteoporosis and can aid in the maintenance of healthy cartilage, teeth and gums.

Fortify™ can also help prevent Vitamin C, Vitamin D, Calcium, Phosphorus, Magnesium, Zinc, Copper and Selenium deficiencies. It also aids in wound healing, connective tissue production and repair, red blood cell formation, and muscle and immune function.\*

## INSTRUCTIONS

Take 2 capsules 3 times daily between meals. Store in a cool, dry place or refrigerator.



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<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.