# Supplement Facts

Serving Size: 1 Stik (3.0 g)
**Servings per Container: 30**

| **Amount per Serving** | | **% DV** |
|---|---|---|
| **Probiotic Spore Blend** | | **4 Billion CFU** |
| Bacillus Subtilis HU58 Probiotic Spores | | 2 Billion CFU |
| Bacillus Coagulans HC Probiotic Spores | | 2 Billion CFU |
| **Prebiotic Fiber Blend** | | **300 mg** |
| FiberSMART™ Soluble Corn Fiber | | |
| Inulin Fiber (from Chicory) | | |
| Vitamin A (as retinyl palmitate) | 28.80 mcg | 3.2% |
| Vitamin C (as ascorbic acid) | 10.00 mg | 11.1% |
| Vitamin D (as cholecalciferol) | 0.60 mcg | 3.0% |
| Vitamin E (as d-alpha tocopheryl succinate) | 4.00 mg | 26.7% |
| Thiamin (as thiamin mononitrate) | 0.30 mg | 25.0% |
| Riboflavin | 0.23 mg | 17.7% |
| Niacin (as niacinamide) | 1.50 mg | 9.4% |
| Vitamin B6 (as pyridoxine hydrochloride) | 0.60 mg | 35.3% |
| Folate (as folic acid) | 24.00 mcg | 6.0% |
| Vitamin B12 (as cyanocobalamin) | 15.00 mcg | 625.0% |
| Biotin | 18.00 mcg | 60.0% |
| Pantothenic Acid (as d-calcium pantothenate) | 0.35 mg | 7.0% |
| Choline (as choline bitartrate) | 9.00 mg | 1.6% |
| Calcium (as chelate) | 22.00 mg | 1.7% |
| Iron (as chelate) | 0.23 mg | 1.3% |
| Phosphorus (as chelate) | 14.00 mg | 1.1% |
| Iodine (from Atlantic kelp) | 3.40 mcg | 2.3% |
| Magnesium (as chelate) | 10.00 mg | 2.4% |
| Zinc (as chelate) | 0.80 mg | 7.3% |
| Selenium (as chelate) | 3.40 mcg | 6.2% |
| Copper (as chelate) | 0.12 mg | 13.3% |
| Manganese (as chelate) | 0.16 mg | 7.0% |
| Chromium (as chelate) | 0.01 mcg | 0.03% |
| Molybdenum (as chelate) | 2.40 mcg | 5.3% |
| Potassium (as chelate) | 4.00 mg | 0.1% |
| **Proprietary Blend** | 18.75 mg | ** |

[DL-phenylalanine, vanadium chelate, lemon bioflavonoid complex 10% (from *Citrus limon* fruit), L-glutamine, inositol, L-methionine, boron chelate, grape seed extract, ginkgo leaf extract, germanium sesquioxide, nickel chelate]

**Daily Value Not Established

Other Ingredients: Magnesium Stearate (from coconut oil), Glycine, Citric Acid, Mineral Wax, Erythritol, 18-Strand Digestive Enzyme Blend, Natural Flavor, Malic Acid